

Artificial
Ingredients,
Additives,
Preservatives



Mar. 2019. Greenbay. Lunch.



High Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				Mac & Cheese - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	1
No School					8
4	5	6	7		
	Baked Chicken Tenders -2 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Chicken Nachos (Chicken- 2 oz) (Tortilla Chips- 1 oz) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Turkey Sandwich - 1 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup Milk-1 cup	No School	
11	12	13	14	15	
Cheese Pizza- 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Baked Chicken Slider -1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Sun Butter & Jelly - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Cheese Stuffed Bosco Sticks - 2 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup	Mini Slider Burger - 1 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup Milk-1 cup	
18	19	20	21	22	
Pasta w. Marinara - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Baked Chicken Nuggets -4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Mac & Cheese - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	No School	No School	
25	26	27	28	29	
No School 	No School	No School	No School	No School	

Broccoli:



~Broccoli helps boosts immunity

~The Vitamin C and K in broccoli help maintain healthy bones, regulates blood pressure, fights heart disease, diabetes, and much, much more!

Broccoli can be incorporated into your diet in so many ways!

Try it FRESH, Steamed, Roasted, Sautéed, in a Dish or a

