

Artificial  
Ingredients,  
Additives,  
Preservatives



SEPTEMBER. Lunch. Greenbay.

NORTH CHICAGO  
COMMUNITY

High-Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

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4-Star Schod  
LunchProvider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>Labor Day</b> No school	3 Taco- (1 soft tortilla + 2oz meat) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	4 Turkey Sandwich Veggies-1/4 Cup Fruit-1/4 Cup Mil -1 cup	5 Baked Chicken Nuggets -4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	6 Personal Cheese Pizza -1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
9 Baked Chicken Tenders -2 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	11 Taco- (1 soft tortilla + 2oz meat) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	11 Mac & Cheese - 4 oz. Veggies- 1/4 cup Fruit- 1/4 cup Milk-1 cup	12 Baked Chicken Slider Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	13 Cheese Stuffed Bosco sticks -1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
16 Mini Slider Burger Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	17 Taco- (1 soft tortilla + 2oz meat) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	18 Sun butter & Jelly Sandwich Veggies-1/4 Cup Fruit- 1/4 Cup Milk - 1 cup	19 Pasta w. Marinara -2 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	20 Baked Chicken Slider Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
23 Meat Nachos (2 oz. Meat +1 bag of Chips) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	24 Baked Chicken Nuggets - 4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	25 Pasta w. Marinara -2 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	26 Sun Butter & Jelly Sandwich -1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	27 Cheese Stuffed Bosco sticks -1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
30 Mini Slider Burger Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup				



**Note:**  
100% juice is  
consider Fruit  
a Component

