

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats


ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



October. Greenbay. Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Whole Grain Breakfast Bar Fruit- 1/2 cup Milk-1 cup	2 Go Gurt W. Graham Crackers Fruit- 1/2 cup Milk-1 cup	3 <i>Yogurt + Graham</i> Pop tarts Fruit- 1/2 cup Milk-1 cup	4 No School
7 Whole Grain Cereal Bowl Fruit- 1/2 cup Milk-1 cup	8 Whole Grain Breakfast Bar Fruit- 1/2 cup Milk-1 cup	9 Go Gurt W. Graham Crackers Fruit- 1/2 cup Milk-1 cup	10 Pop tarts Fruit- 1/2 cup Milk-1 cup	11 Blue Berry Mini Pancakes (2 each) Fruit- 1/2 cup Milk-1 cup
14 Columbus Day No School	15 Whole Grain Breakfast Bar Fruit- 1/2 cup Milk-1 cup	16 Go Gurt W. Graham Crackers Fruit- 1/2 cup Milk-1 cup	17 Pop tarts Fruit- 1/2 cup Milk-1 cup	18 Blue Berry Mini Pancakes (2 each) Fruit- 1/2 cup Milk-1 cup
21 Whole Grain Cereal Bowl Fruit- 1/2 cup Milk-1 cup	22 Whole Grain Breakfast Bar Fruit- 1/2 cup Milk-1 cup	23 Go Gurt W. Graham Crackers Fruit- 1/2 cup Milk-1 cup	24 Pop tarts Fruit- 1/2 cup Milk-1 cup	25 No School
28 Whole Grain Cereal Bowl Fruit- 1/2 cup Milk-1 cup	29 Whole Grain Breakfast Bar Fruit- 1/2 cup Milk-1 cup	30 Go Gurt W. Graham Crackers Fruit- 1/2 cup Milk-1 cup	31 Pop tarts Fruit- 1/2 cup Milk-1 cup	

Please Note:

~100% Fruit Juice IS considered a Fruit component

