

Artificial  
Ingredients,  
Additives,  
Preservatives



October. Breakfast menu



High-Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

4-Star Schod  
Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Heart Healthy Oatmeal Just Picked Fresh fruit Ice Cold Milk Pint	2 Whole Grain Breakfast Bar Just picked Fresh Fruit Ice Cold Milk Pint	3 Yoplait Yogurt w. graham Cracker Just Picked Fresh Fruit Ice Cold Milk Pint	4 Pop Tarts Just Picked Fresh Fruit Ice Cold Milk Pint
7 Whole Grain Breakfast Bar Just picked Fresh Fruit Ice Cold Milk Pint	8 Yoplait Yogurt w. graham Cracker Just Picked Fresh Fruit Ice Cold Milk Pint	9 Cereal Bowl Just Picked Fresh Fruit Ice Cold Milk Pint	10 Whole Grain Breakfast Bar Just picked Fresh Fruit Ice Cold Milk Pint	11 Scrambled Egg & sausage Patty Just Picked Fresh Fruit Ice Cold Milk Pint
14 <b>Columbus Day No school</b>	15 Whole Grain Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk Pint	16 Whole Grain Cereal Bowl Just Picked Fresh Fruit Ice Cold Milk Pint	17 Whole Grain Pop Tarts Just Picked Fresh Fruit Ice Cold Milk Pint	18 Blueberry Mini Pancakes Just Picked Fresh Fruit Ice Cold Milk Pint
21 Whole Grain Cereal Bowl Just Picked Fresh Fruit Ice Cold Milk Pint	22 Whole Grain Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk Pint	23 Yoplait Yogurt w. graham Cracker Just Picked Fresh Fruit Ice Cold Milk Pint	24 Bagels W. Cream Cheese Just Picked Fresh Fruit Ice Cold Milk Pint	25 <b>No School</b>
28 Whole Grain Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk Pint	29 Blueberry Mini Pancakes Just Picked Fresh Fruit Ice Cold Milk Pint	30 Pop Tarts Just Picked Fresh Fruit Ice Cold Milk Pint	31 Blueberry Mini Pancakes Just Picked Fresh Fruit Ice Cold Milk Pint	

Please Note:

~100% Fruit  
Juice  
IS considered a  
Fruit component

